
















Allergy Christmas Menu - Week Commencing: 23.12.24

*Low in Sodium & Refined Sugars

*Nut Free

*Locally Sourced Produce

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	 <p>GF DF SMASHED AVOCADO ON BREAD W/ MELON</p>	 <p>CUCUMBER, HUMMUS, ORANGE, CAPSICUM & CRACKERS</p>	 <p>MERRY CHRISTMAS</p>	 <p>MERRY CHRISTMAS</p>	 <p>MELON & BLUEBERRY ORGANIC YOGHURT W/ OATS</p>
LUNCH	 <p>GF DF CHICKEN & VEGETABLE NOODLES</p>	 <p>BEEF & CAULIFLOWER LASAGNE W/ SALAD</p>	 <p>MERRY CHRISTMAS</p>	 <p>MERRY CHRISTMAS</p>	 <p>SWEET & SOUR CHICKEN / CHICKEN & PINEAPPLE CURRY W/ BROWN RICE & VEGGIES</p>
AFTERNOON TEA	 <p>CHEESE & MULTIGRAIN CORN THINS W/ PEAR</p>	 <p>TROPICANA PIZZA & ROCKMELON</p>	 <p>MERRY CHRISTMAS</p>	 <p>MERRY CHRISTMAS</p>	 <p>BLUEBERRY MUFFIN W/ ORGANIC MILK</p>